

THE STERT ISLAND SWIM

Special thanks to:

BARB, The Burnham Hovercraft
Burnham & Highbridge Town Council
English Nature
RNLI, Burnham-on-Sea
Taunton Canoe Club
Wessex Ambulance Service

For their support & assistance in the organisation of this event



For more information, please contact:
Sara Hudghton at
www.westcountrytriathletes.co.uk
Or on 07865 071782

THE STERT ISLAND SWIM

2400 Metre Sea Swim

(Distance is approximate)

Burnham-on-Sea to Stert Island & Back



Sunday 27th July 2008
1.30pm

THE STERT ISLAND SWIM - ENTRY FORM

Please fill in all sections in **BLOCK CAPITALS**

First name _____

Surname _____

Male Female

Age (*minimum age 18*) _____ Date of birth _____

Address _____

Postcode _____

Telephone no _____ Mobile _____

E-mail _____

Club (if applicable) _____

Emergency contact name (on the day) _____

Telephone number _____

Please give any previous experience / reason for taking part / or interesting notes about yourself

A momento of the event will be handed out to all entrants.

Please send me details of accommodation in the area

THE STERT ISLAND SWIM - CONDITIONS

1. The swim takes place in a tidal estuary and participants should be aware of the dangers inherent with ocean swimming and be confident in their ability in the open water.
2. Water quality is regularly monitored by the Environment Agency. Visibility in the water is nil.
3. Water temperature in July is approximately 16 °C. The organisers strongly recommend that wetsuits should be worn for warmth and buoyancy.
4. In the event that the weather conditions are deemed too dangerous, the swim will be cancelled.
5. Shipping movements will be excluded for an hour and a half, the maximum time allowed for a swimmer to complete the course. For safety reasons, anyone deemed likely to take longer than this may be taken out of the water by rescue craft.
6. No entries will be allowed on the day. Entry is limited to 80 Participants.
7. Entries are non-refundable.

I declare that I am fit to take part in this event and understand that I take part at my own risk and relieve the organisers of any responsibility for injury, loss or damage sustained either my person or property as a result of my participation. In addition, I have read and understand the conditions and am over 18 years of age.

Data Protection Act: by submitting this entry, I agree that the organisers may store my entry details and results for the purpose of event administration, publicity and notification of future events.

Signed _____ Date _____

Closing date for entries Monday 14th July 2008.

Please send this entry form with the £10.00 entry fee, by Monday 14th July 2008 to Sara Hudghton 5 Rosenheath Avenue Berrow Somerset TA8 2JN. Cheques made payable to: West Country Triathletes.

Race details will be sent to you via email and will be posted on our web page at www.westcountrytriathletes.co.uk